NORWICH HOSPITAL FOR INSANE

reduce our weekly per capita cost during the past year. The weekly expense per patient, based upon the amount actually expensed, with allowance made for money refunded and for miscellaneous receipts, was for the year 1907-08, \$4.01. The per capita cost for the supplies remaining in the year 1907-08, \$4.01. The per capita cost for the year 1907-08, \$4.01. The per capita cost for the year 1907-08, \$4.01. The per capita cost for the year 1907-08, \$4.01. The per capita cost for the several departments as cost of the requisitions of the requisitions, was \$3.08, the slight difference being due to a corresponding gain in inventory.

This per capita may be regarded as acquainted with cost of its operation for the month.

This per capita may be regarded as acquainted with cost of its operation for the month. During Period-Requirements Include Amusement Hall, Staff House and Nurses Cottages, Laboratory and Morgue, Horse-barn, Fire Station, Grading and Walks and Greenhouse-Suggestion that Name be Nerwich State Hospital.

treasurer.

In the two years from Oct. 1, 1906, to Smpt. 20, 1805, there have been admined 423 extremts, 246 being committed from probate courts, I by superior courts, 5 by the governor and 16 entered voluntaries. There were 148 transferred here from Middletown.

There have been 133 patients disclassed, 65 being normal, 25 improved, 8 unimproved, and 65 died, 4 were transferred to other pospitule and 5 were despeted. The daily average in 1907 was 266 and in 1808 373. By the treasurer's report the total dispursements in 1907 was \$155.751.80, while in 1908 it was \$273,361.64.

## Dr. Peliock's Report.

Dr. Pellock says: The activity in building operations, the rapid increase in the number of our patients, and with the frewell in size and numbers the necessity of a more perfect internal organization have contributed to make the past two years exceedingly busy ones and perhaps the most important since the establishment of the computal.

coupled.

One hundred and seventy patients remained in the institution and sixteen were out unon a irlal visit at the close of the last period. Today out pepulation is 434 within the hospital, and 23 out on friel.

There have been \$73 under treet.

und 25 out on triel.

There have help 573 under treatment during the period, 422 admitted and 148 discharged. Of those admitted 239 were consulted by the judge of sublate or other proper person, 160 received by transfer from other institutions, and face were returned.

received by transfer from other institutions and four were returned from a trial vigit.

Of those discharged, 44 were in their narmal mental condition, 27 greatly limproved, seven practically stationary and 65 hava died; 3 of those discharged were through the agency of the comptroller deported at non-residents, 32 of those admitted and 24 of those who died were over 76 years of age. Eliminating transfers and returns from parole, we find that one in nine of our admissions and one in two and eight-tenths of our deaths, occurred in patients over 70.

This proportion of these admitted (one in nine) is the same in the last as it was in the previous two years, and is much higher than should appear.

The majority of the senile cases received are indee who are merely suffering from the physiological changes
incident to old age and caspot be cenefited by treatment while many of
them are so greatly exhausted by the
journey to the happital that they do
not rady and seath occurs within a
few days after admission.

As far as possible, we have given
the cultdoor treatment to tubercular
cases, yet thisteen of our deaths have
been occasioned by this disease.

Our passed happital facilities have The majority of the senile cases re-

Our assess has been a climent.
Our cases and to give them a greater degree of individual treatment. The female pedignts have been given such

special treatment by our woman physician as appeared indicated.
Several major operations have been gerformed by our surgical consultant with excellent results. Cases required. and treatment in diseases of the eye and ear have oben referred to speint-tets and Dr. Vermon Mecow, our hoa-likal deptiet has continued to visit the institution each week.

In spile of the large number of transfers made by the Connection; has pixed for the insane to this institution, Middletswn has gained four in appulation, making a total gain in the two heapitals of 288 partents. During the period from 1903 to 1804, the year-ty increase in the insane in state hosultais was 180; from 1904 to 1968, 122.

While we have the clow and that it would be wise to give, after the present limit had been reached, an additional remuneration each year, so that at the end of five years of continued meritorically from 1903 to 1804, the year-ty increase in the insane in state hosultais was 180; from 1904 to 1968, 122.

While wise to give, after the present limit had been reached, an additional remuneration each year, so that at the color from 1903 to 1804, the year-ty increase in the present limit had been reached, an additional remuneration each year, so that at the color from 1903 to 1804, the year-ty increase in the present limit had been reached, an additional remuneration each year, so that at the color from 1903 to 1804, the year-ty increase in the insane in state hos-type from 1905 to 1804, the year-type from 1905 to 1804 to 1804, the year-type from 1905 to 1804 to 1804, the year-type from 1905 to 1804 to 1804, t The problem of discovering some means to prevent this accumulation of the insane in our hespitals is one which should receive carnest consideration.

To properly construct a beligin- for he logising of 134 patients with their emplement of attendants, will necesone year will cost approximately.

When we remember that the number of our lineare under present conditions will be augmented each year at least to the extent it has in the at least to the extent it has in the past peried, and when we consider that the average expectancy of the insane individual who remains in an institution is at least ten vears, our former figures grow to an extent that for the completion of additional building increased quarters for our patients will necessitate providing increased quarters for our times and how those who have apparently vegetated for years and have shown the secured at less expense by building increased about the grounds than hereditary influence, the evils of interest of the wards. be secured at less expense by building frame cottages about the grounds than the physically and mentally. The housekeeping born all, no coupting a portion of the wards. The insane hospital is but beginning to realize what the general hospital adopted as an axiom long ago, that its possibilities of success must be measured by the personnel of its nursing are practially beyond our control and itself. The gain in the population of the insane be modified as outlined, and a teacher to devote her entire time to the manusement of the women patients. the hospitals is caused by the accum-ulation of unrecovered cases. Could cures, or even remporarily relieve an increased percentage of our patients, the problem would be happily solved. A far greater number of cures could made and the period of treatment greatly reduced were our patients admitted at the caset of their disease, are their delusions had become fixed and systematized. As long as a patient, as is now the case, is tried, adndred insane and transported to the epital as if he were a common crim-at sather than a sick man coming to the one place where he can receive special treatment that will probably end in his recovery, just so long will the hespital be regarded by the ma-

The great work done in the Nerwich he spittal for the image, with the needs and scope of the big institution, are naturally set forth in the bicanilal report of Dr. H. M. Politick, superintentient of the hospital, which has been issued for the two years enaling Sept. 30, 1905.

The report is accompanied by tables and statistics which have been carefully kept and compiled, showing on whose authority patients were admitted, nativity or patients were admitted, nativity or patients and their occupation, degree of calvaction, hereditary, tensencies and disagnosis of mental confection, length or relidence at hospital, and without the formality of scaling statistics of this recommendation, length or relidence at hospital, and without the formality of a compiled, showing on the statistics of this state a provision is little known and is so worded as to be of no practical advantage, where thought as to be of no practical advantage, tonderion, length of relidence at hospital, to which patients could not be provided as to be of no practical advantage, as well as taxes of the same management a reception heapital, to which patients could not be provided and without the formality of a compiled and without the formality of a committend for the provided and the provided a

Inventory.

This per capita may be regarded as high in comparison with that of larger institutions, but when compared with state hospitals of a like size and during the same period of their history will be found to be surprisingly low. We rejoke that this reduction has not been accomplished at the expense of either employe or patient; there has been quite a material increase in the average wage of the former, and the latter have been better provided for than ever before.

Assuming we would have a dally average of four hundred patients during

perintendent for his approval modifi-cation and classification. Bids for certain supplies that do not deteriorate

It was determined by your board that the administration building that the administration building should be so planned as to be used solely for administrative purposes and the special treatment of patients, and tution.

As the possibility of the patient's reAs the possibility of the patient's redividual attention he receives, and as
his immediate care and oversight falls
as largely within the province of the
hospital nurse, the securing and reten-

tion of this class of patients, but will also equally benefit quieter cases. Colony.

Colony.

The colony plan was urged at the last general assembly because it not only secured economy in the first cost of building, removed the necessity of establishing a new institution, and could be carried on practically indefinitely without adding to the administrative expense of the parent hospital, but also it avoided the duplication of the expensive equipment, necessary improvements, and hospital facilities of the main institution, and retained tre working class of patients where their labors would result in the greatest advantage to the state.

The hope was also expressed that an

Superintendent's House. commodicus heme for the super

must elapse after construction has been begun ere a modern fireproof building can be ready for occupancy, provision should be made for caring for the increase of our insane for at least three and one-half years.

To accomplish this result, and to partially relieve this institution of its overcrowded condition, accommodations for at least 225 patients must be provided.

been accompilend at the expense of either employ or patient; there has been quite a material increase in the street co-operation of the several destination of the several destination

greater economy. Staff House and Nurses' Cottages. No provision has been made for the housing of the hospital staff, and I would recommend that an appropria-tion be made for this purpose, and an endeavor be made to secure an appro-priation for nurses cottages.

Laboratory and Morgue. A small building should be erected as a inboratory and morgue. Proper laboratory facilities are a necessary adjunct to any well organized hospital. The need of a morgue for the proper care of the dead and for post-mortan examinations is very apparent. examinations is very apparent.

Herse Barn. A horse born and carriage house should be built, as planned, adjoining our new cow barn. We have now no place other than our present inadequate quarters.

Central Fire Station. Although our buildings are quite a visitor, complimentin upon its success and it upon its success and its succ manding positions about the grounds and a one thousand gallen fire pump with connections made to the Thames river in our power house. We should have a small central fire station, situated preferably midway between the laundry and kitchen buildings, to provide storage facilities for our hose carts upon the first floor and have a dormitory for the sleeping accammodations of some six or eight employes.

Grading and Walks, Building operations have been so constantly in progress since the opening of the institution that little has been done in the way of grading and enhancing the natural beauty of the hospital property. The fulfidings to the front of the hospital are now completed and there is now nothing to prevent the grading and laying out this portion of our grounds. This work could be done by utilizing our own labor, and will under these conditions be very slow and be practically accompanied by the same expense as were the cost of these improvements met by an appropriation.

Greenhouse.

A small greenhouse should be built under the coty to compete in, is excended it is expected there will be a large number of estable there will be says to come under the eyes of the ludges by the time the final date for receiving them is reached on Narran vielles. Se

grounds properly ornamented during that there is a widespread interest in the summer months.

Amusements.

Little could be provided in the way of amusement for our patients during the past period owing to the lack of a hall. Consequently entertainments which could have been secured at a trifling cost and would have proven a gratifying diversion for our patients and contributed to their contentment and recovery have had to be foregone Weekly ball games have been played during the summer and have been a source of much anjoyment to the patients. A biweekly patients' dance was held last winter in the dormitory of the North Ward B building. The usual holidays have been observed and Cirisimus celebrated with the customary festivities. Two phonographs have been procured and, carried about from ward to ward, are greatly appreciated by their immates.

The school children competing should remember that the essays are due not later than March 3, and are to be mailed to "A. O. H. Essay Contest, Norwich P. O. Norwich, Conn." Essays should be signed with an assumed name and have the real name of the writer enclosed with them on another place of paper.

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The school children competing the particular man are the property and a particular than March 3, and are to be mailed to "A. O. H. Essay Contest, Norwich P. O. No clated by their inmates.

Staff.

## Lodge Notes and Fraternal Interests

DEGREE OF POCAHONTAS. The Neortha Whiet club, connected with Soboquenash council, No. 11, held a whist evening th Poresters' hall last Monday, which was well attended and eighteen tables were played, providing an extremely enjoyable evening. Those awarded the prizes were the following: awarded the prizes were.

First:-Mary O'Sullivan, 46, a shopping bag; Rufus D. Harris, 51, a silk necktie. Seconds-Mrs. E. W. Tanner, 45, a colonial glass pitcher; William

a colonial glass pitcher; William Blackburn, 50, a pack of cards. Con-solations-Mrs. Sabourin, Mr. Clem-The committee served cake and coffee. It was announced that there would be another whist in the hall on the 5th of March and the next home whist of the Neosha would be on March 4th with Mr. and Mrs. John A.

DAUGHTERS OF LIBERTY.

The members of Virginia Dere council, No. 25, whose whists are always attractive for good numbers, continued their successful winter series on

giving its census at the close of the present year as 2,491, makes the following statement: "By the above figures, therefore, it will be seen that we have made an actual increase in number of only four, but it is for the reason that it is impossible to crowd the institution beyond 2,495, and with a proper regard for safety and sanitation the number should be from 250 to 300 less."

We have no reason to anticipate that We have no reason to anticipate that the increase in the number of insane will be less in the next two years than it has been in the past, nor that it will not be constant until better facilities are provided for care and treatment. It must be remembered that, as our state legislature meets but once in two years, and as at least a year and a hear must elapse after construction has been begun ere a modern firepreed building

this respect.

Various games were played and the music of a phonograph loaned by the Plaut-Cadden company and operated by Herman Sears was a favor that

Tuesday evening at the Buckingham emorial Norwich council, No. 726, Memorial Norwich council, No. 736, was looking to get revenge on the whist team of Willimantic council for several defeats so far sustained at the hands of the Willimantic brothers, but the visitors failed to arrive. The Norwich players had felt omens of victory in the uit and were correspondingly

with players had tell omens of victory in the nir and were correspondingly disappointed.

After the business meeting the members paired off for a social evening of whist which was greatly enjoyed. The council has decided to have an evening of whist with prizes at their next meeting, which is on the second Tuesday in March. Members are prividay in March. Members are privi-iesed and expected to invite their sen-tlemen friends and it is expected to fill the council hall with those attend-

Ing.

Thames council, No. 1851, initiated one candidate Wedneaday evening at its meeting held in Foresters' hall. Deputy Eckmark of New Haven was a visitor, complimenting the council upon its success and the promise of

HIBERNIANS.

dormitory for the sleeping accommodations of some six or eight employes, so that at all times there would be someone constantly at hand to answer an alarm of fire.

At the meeting of the member is to be initiated and a number of applications are expected to be presented.

The great contest, under the anaplices of two divisions, which was replaced for the school children and the meeting of the member is to be initiated and a number of applications are expected to be presented. Grading and Walks.

Building operations have been so dreif of the city to compete in is ax-

A small greenhouse should be built out and placed upon a special table to that the wards may be supplied with with a sign upon it. The number of calls on the library officials for help

the aubject. Amusements.

The school children competing about remember that the essays are

WOMAN'S RELIEF CORPS.

Dr. J. Evan Shuttleworth, who foinof the hespital staff on July 20th, 1908,
resigned July 1st, 1967, to enter general practice. Dr. Themas F. Erdman
nucceeded Dr Shuttleworth on July 1st,
1962.
Dr. Brêman came to us with a considerable general hospital experience,
siderable general hospital experience, siderable general hespital experience.
Dr. Jennie 9. Purmort joined the corps also held its usual social meethespital staff on Aug. 1st, 1897. Dr. ing Wednesday at the Buckingham 
Purmort besides having a general 
hospital training, was for five years 
connected with a similar institution.
Dr. Harry O. Spatising, assistant stuporinteendent, continues to render his 
usual valuable and efficient services to 
the institution. nesday at the Buckingham Memoriel, with a good attendance,

> LADIES' CATHOLIC BENEVOLENT ASSOCIATION.

The women of St. Rose branch, No. 1073, with many of their friends, made their regular meeting a quilting bee on Friday evening in Hibernian hall, onforms e quiet social evening, which at the same time will be of financial profit to the organization. Three quilts were made and another started. One of the quilts was awarded to Mrs. William Greene, and Miss Hear of Greeneville was the lucky one to re-ceive a centerplace. ceive a centerpiece.

One feature of the evening was the lisplay and sale of beautiful cluny lace.

Florentine lace, drawn work, etc., by Mrs. Rosa Gorra of New York, who

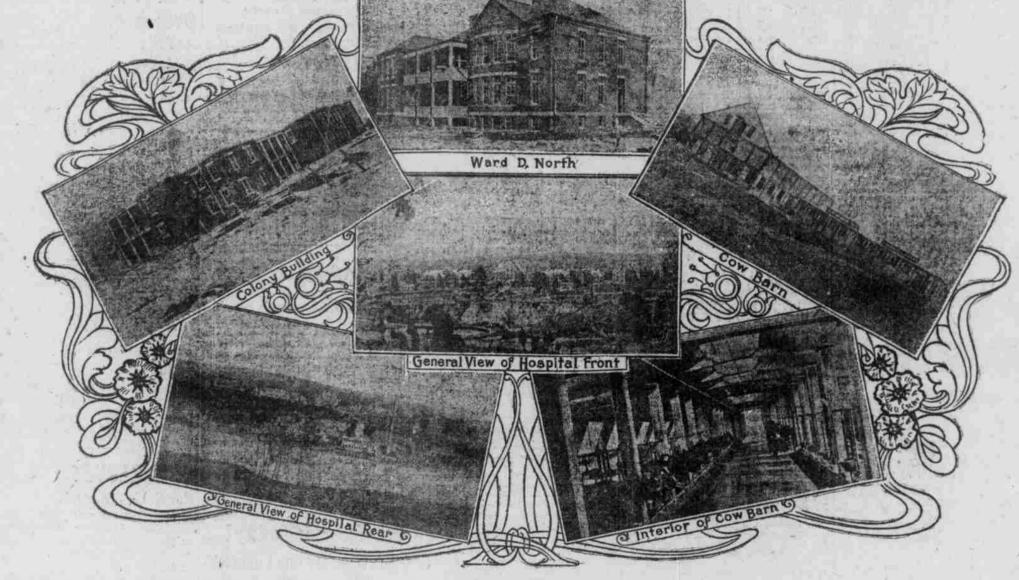
Sedgwick post, No. 1, held its regu-ir meeting Friday evening at the tickingham Memorial, Commander Buckingham Memorial, Commander Vine S. Stetson presiding. An invi-tation was received and accepted from the Breed theater management to ar-tend the moving picture show there tonight as guests of the management, for the special purpose of sealing the for the special purpose of seeing the Civil war picture, Surring Days in Old Virginia. The members will meet at post building about 7 o'clock and march to the theater in a body.

Notice was also received from the grand officers that they would be here

for a visit on the third Friday in Murch. Preparations will be made for

KNIGHTS OF PYTHIAS.

Gardner lodge, No. 46, received and Gardner lodge, No. 46, received and accepted an invitation at its meeting in Eagles' hall Friday evening from Natchaug lodge, No. 22fl of Williamstic. The Williamstic lodge is to have the grand officers there on Monday evening and will have work to do, so that they have invited the Norwich men up to the good time. The local Pythians will leave by the 545 trolley and return by the last one out of Wiland return by the last one out of Wil



Accumulation of the Insane in State

| Crease in wages for the entire nursing patients to leave the institution much force would result in a commensurate return, but I do believe that our wage librat is now tec low and that it would be the case.

would, I am sure, result in our retain-ing the services of at least a portion of our desirable nurses, and from the better cure and oversight that would be given, would greatly increase the number of cures among our patients. The action of your beard in granting

properly trained surses of the right the unuscinent of the women patients temperament secured. I believe the prejudice against the insane hospital work, and I trust that ere long like would disappear; that no longer would arrangements may be made for the temperament secured. I believe the prejudice ageinst the insane hospital would disappear; that no longer would there be tales of II treatment and abuse of patients; that our patients would come under treatment sufficiently to recover, and that the instruction of the multi-patients. I see the patients would come under treatment sufficient with the workshops of various kinds may not be established by early to recover, and that the instruction with the hospital.

I anticipate a slew but steady development of the properties of the content of the properties of the prop

It would be in accordance with the spirit of the times, and would facilitate the work of this institution if the work of the set for "The Norwich

the institution each week.

We have had no sarious accidents and no subject on the hospital falled to be returned within two or three days.

A seview of the treatment of patients during the past two years will show a very material advance over the pseceding period and the completion of our administration building with its electrical treatment room, its aplendid operating facilities and its psychopathic wards, tagether with the other improvements that are being made or planned at the hospital content where they have become of the greatest where they have become of the greatest that are being made or planned at the hospital loses their envices just when they have become of the greatest that are being made or planned at the hospital loses their envices just when they have become of the greatest that are being made or planned at the hospital loses their envices just when they have become of the greatest that are being made or planned at the hospital loses their envices just when they have become of the greatest that are being made or planned at the hospital loses their envices just when they have become of the greatest that the patient will be a part of the discharge, unless from more made which trial visit is extendigible to return to the patient of the discharge unless from more made which trial visit is extendigible to return to the patient of the discharge unless from more congenial to the hospital loses their envices just when they have become of the greatest value.

Accumulation of the Insans in State

Our training school for nurses was established last year, and we now have

enrolled six senior and fifteen junior That our nurses might have a thorough training in both general and men al nursing, arrangements were entered nto with the United Workers of Norinto with the United Workers of Nor-wich to furnish from the hospital train-ing school a district visiting nurse for the indigent poor. This nurse now devotes the major portion of her time to this work, and not only is she re-ceiving a training which could not oth-erwise be obtained, but the public are becoming to regard the hospital as a hospital rather than an assume and to hospital rather than an asylum, and to have a greater interest in its work. The expenses of this outside nursing are met by a mull fee charged the pa-tients, who are both willing and able-

o pay, and by private contributions, Industrial Work.

Efforts have been made during the

DR. H. M. POLLOCK. Superintendent.

he state, that has expressed a desire o bid has been permitted to submit a roposal upon the form sent out by he hospital, but Connecticut dealers have in all cases been given the prefer-ence when such preferment could be shown without less to the state, and I am pleased to report that practically hat the adoption of this method accuring supplies has not only resulted in economy, but has also removed from the hospital the possible charge of tavestism being employed and is therefore welcomed by the majority of dealers. However, it would be unwise, in my origing, to compel your superin my opinion, to compel your superintendent to procure supplies only
through competitive bids, as the need
of certain articles, especially for repairs, is at times urgent, or special opportunities for purchase present themselves which would be lost through the
delay incident to the securing of compatitive bids.

Supplies when received at the hosn my opinion, to compel your super-

Should a reception hospital be established, the formality of commitment of the insare be modified as evaluation and the insare he modified as evaluation in industries and evaluation of the insare he modified as evaluation of the insare he not longer would office properly trained nurses of the right would office properly trained nurses of the women patients and properly trained nurses of the women patients would office properly trained nurses of the right would office properly trained nurses of the right would office properly trained nurses of the right would office properly trained nurses of the women patients are compared by the nouse and properly trained nurses of the women patients are compared by the nouse and properly trained nurses of the women patients and properly trained nurses of the women patients are compared by the nouse and properly trained nurses of the women patients and properly trained nurses of the women patients are compared by the nouse and properly trained nurses of the women patients and properly trained nurses of the women patients are compared by the nouse and properly trained nurses of the women patients are compared by the nouse and properly trained nurses of the women patients are considered to devote the nature of the trained properly trained nurses of the trained properly Supplies when received at the hos-

and office assistants, should be provid-

the administration building three stories in height, with attic and basement, is located centrally and slightly to the stories of the stories are stories as well as well as well as well as well. ment, is located centrally and elightly in front of Wards A, to which, as well as to all the other buildings, it is joined by a short extension of the central corridor. In architectural style and general construction it follows very closely the ward building already erected. The exterior walls are of red prick with Indiana limestone and terracetta trimmings. The frame work and floor construction is of reinferced. ete and the partitions of steel and metal lath.

The arst floor has reception half, reception room, patients library, phar-macy, the necessary public and private may be built as the needs of the in tollets, and offices for the superintend- stitution require.

The second floor is occupied by the trustees room, committee room, steat library, sesistant physician's room, electrical treatment room, photograph-ic room with adjoining dark room, and perating section, comprising anaesthetic, surgeon's dressing and steril-

zing rooms.

Soparate psychopathic wards for the reception and treatment of patients of both sexes, adjaining which are bathrooms and private rooms for the treatment of surgical cases, or py the third floor. A temporary amusement hall has also been pro-vided on this floor by the amission of certain partitions forming nurses' rooms, halls and storage closets, but though this may serve to provide a place of assemblinge and amusement for certain selected patients, it is by no means adequate for even our pros-

ent needs. The basement is well lighted and contains diet kitchen with pantry, storage and cold storage rooms, pharmacy storage, sub-business office, and concrete, with a granolithic finished macy storage, sub-business office, and two rooms which, until other quarters are provided, must serve as staff and supervisors' dining rooms. An electric push button controlled glevator runs

Our new cow pass, 79x56 feet, with an adjoining one story cow shed, 87x 46 feet, giving accommodations to forty

and floor construction is of reinferced head farmer's office, milk room, locker room, feed room, storage rooms, etc., and has also in connection as arrite root cellar. It is so designed that without alteration additional cow sheds

> Water Supply. It was found advisable to add to our

water supply.

An eight inch well was accordingly

sunk to a depth of 100 feet, 270 feet being through solid lenge, and a con-tinuous yield of one hundred gallons per minute obtained. This water on analysis was found to be of great puri ty and of unusual softness, and, together with our reservoir, will doubtless be ample, notwithstanding our ever in-

creasing consumption, to supply the fu-ture needs of the institution. Other Improvements Staircase towers of brick and con-crete have been built in connection with the A wards, the first escapes re-moved therefrom and used in conjunc-tion with the colony buildings and new staircases of iron and state erected in their stead. The temporary roof and sides of the corridor between wards A. as well as that between the administra

An autometic refrigerating and foe making plant has been installed in the basement of the kitchen building. It

Ward A, north.
A sewer has been laid from our col-